



The Way Of The CROSS

Holy Cross Parish Bulletin

July 25, 2010

ENGLISH LANGUAGE MISSION OF THE UKRAINIAN ORTHODOX CHURCH OF CANADA LOCATED IN SOUTH WINNIPEG

9th Sunday after Pentecost

Martyrs Proclus and Hilary (II). St. Veronica, the woman with the issue of blood who was healed by the Saviour. Ven. Michael of Maleinus (962). Martyrs Theodore and his son John of Kyiv (983). Martyr Golinduc, in Holy baptism Mary, of Persia (591). Sts. Jon (998) and Gabriel (X) of Georgia and Iveron, Mt. Athos.

ORDER OF SERVICE:

Troparion and Kontakion

Tone 8: You descended from on high, O Merciful One. / You accepted the three-day Burial / to free us from our passions. // Our life and resurrection; O Lord, Glory to You.

Tone 1: O Lord, save Your People, / and bless Your inheritance! / Grant victory to Orthodox Christians over their adversaries, // and by Your Cross preserve Your Commonwealth.

Tone 8: In thee, O father, that which is fashioned according to the image of God was preserved, / for, having taken up thy cross, thou didst follow after Christ, / and by thine example didst teach that the flesh is to be disdained as transitory, / but that the soul must be cared for as a thing immortal. // Wherefore, thy spirit doth rejoice with the angels, O venerable Michael.

Glory...

Tone 8: Having risen from the tomb, You raised the dead and resurrected Adam. / Eve rejoices in Your resurrection // and the ends of the earth celebrate Your rising from the dead, O Greatly Merciful One.

Both now...

Tone 2: Thou didst lighten the heaviness of the flesh by thy works / and didst give speedy wings to thy soul by enlightenment, O Michael: / and thou hast shown thyself to be a dwelling-place for the Trinity, / beholding Whom, O blessed one, // pray thou unceasingly for us all.

The Epistle

Reader: The Prokimenon in the **8th Tone:** Pray and give glory to the Lord our God.

Choir: Pray and give glory to the Lord our God.

Reader: In Judah God is known; His Name is great in Israel.

Choir: Pray and give glory to the Lord our God.

Reader: Pray and give glory

Choir: to the Lord our God.

Reader: The Reading is from St. Paul's letter to the Romans [I Corinthians 3:9-17]

Reader: Alleluia in the **8th Tone:** Alleluia, Alleluia, Alleluia!

Choir: Alleluia, Alleluia, Alleluia!

Reader: Come let us rejoice in the Lord. Let us shout with joy to God our Saviour.

Choir: Alleluia, Alleluia, Alleluia!

Reader: Let us come before His face with thanksgiving, and with psalms let us shout with joy to Him.

Choir: Alleluia, Alleluia, Alleluia!

Gospel: [Matthew 14:22-34]

Communion Verse: Praise the Lord from the heavens, praise Him in the highest. Alleluia, Alleluia, Alleluia!

I Corinthians 3:9-17 (Sunday Epistle)

9. For we are God's co-workers. You are God's farmland and God's building.

10. As an expert builder using the grace that God gave me, I laid the foundation, and someone else is building on it. But each person must be careful how he builds on it.

11. After all, no one can lay any other foundation than the one that is already laid, and that is Jesus Christ.

12. Whether a person builds on this foundation with gold, silver, expensive stones, wood, hay, or straw,

13. the workmanship of each person will become evident, for the day will show what it is, because it will be revealed with fire, and the fire will test the quality of each person's work.

14. If what a person has built on the foundation survives, he will receive a reward.

15. If his work is burned up, he will suffer loss. However, he himself will be saved, but it will be like going through fire.

16. You know that you are God's sanctuary and that God's Spirit lives in you, don't you?

17. If anyone destroys God's sanctuary, God will destroy him, for God's sanctuary is holy. And you are that sanctuary!

Matthew 14:22-34 (Sunday Gospel)

22. Jesus immediately had the disciples get into a boat and cross to the other side ahead of him, while he sent the crowds away.

23. After dismissing the crowds, he went up on a hillside by himself to pray. When evening came, he was there alone.

24. By this time the boat was in the middle of the sea and was being battered by the waves, for the wind was against them.

25. Shortly before dawn he came to them, walking on the sea.

26. When the disciples saw him walking on the sea, they were terrified and said, "It's a ghost!" And they screamed in terror.

27. Immediately Jesus said to them, "Have courage! It is I. Stop being afraid!"

28. Peter answered him, "Lord, if it's you, order me to come to you on the water."

29. Jesus said, "Come on!" So Peter got down out of the boat, started walking on the water, and came to Jesus.

30. But when he noticed the strong wind, he was frightened. As he began to sink, he shouted, "Lord, save me!"

31. At once Jesus reached out his hand, caught him, and said to him, "You who have so little faith, why did you doubt?"

32. As they got into the boat, the wind stopped blowing.

33. Then the men in the boat began to worship Jesus, saying, "You certainly are the Son of God!"

34. They crossed over and came ashore at Genesareth.

SCHEDULE OF SERVICES

VESPERS: Will resume in the fall.

DIVINE LITURGY:

August 4: No Divine Liturgy

August 8: Divine Liturgy 10:00 a.m.

August 15: Divine Liturgy 10:00 a.m.

August 22: No Divine Liturgy

August 29: Divine Liturgy 10:00 a.m.

Financial Report May. 10

Income 1241.05

Expenses 2359.37

Net -\$1118.32

Building Fund

Goal — \$25,000

Collected —

\$10452.76

Fund Raising

Prayer for Needs: Pamela, Jeff and Anna Maria, Lisa, Dustin, Lucinda, Sophia, Oksana, Lisa and Sanchira

Prayer for Sick: Georgina, , Dustin, Chuck, Frank, Elsie,

Prayer for the souls of those who have fallen asleep in the Lord: Olga (Sandy's mother)

GOD GRANT MANY YEARS: July

Birthdays: Sanchira (3), Dallas (3), Bethany (8),

Anniversaries: Steve and Amber (26)

OUR PARISH REQUIRES YOUR REGULAR DONATIONS FOR ITS ONGOING SUPPORT. ANY DONATION YOU CAN GIVE EITHER FOR THE OPERATION OR FOR THE BUILDING FUND WILL BE GRATEFULLY APPRECIATED.

REMEMBER THAT YOUR PARISH NEEDS YOUR PRAYERS AS WELL AS ANY FINANCIAL GIFT AND VOLUNTEER TIME YOU CAN GIVE. **THE COLLECTION BASKET FOR DONATIONS IS LOCATED ON THE BACK CORNER TABLE.**

MEETINGS and STUFF

Holy Cross Parish Council:

Adult Ed. Class: Postponed

3rd Sunday of Month: Bring a canned good donation to Church.

WELCOME to all our guests who came to worship with us today IN THE FAITH OF THE APOSTLES THAT HAS BEEN PRESERVED UNCHANGED AND IS ETERNAL. May God save you for your prayers.

• Check out our Lending Library: **New Kid's album of Icon Cards are now available.**

• Let's not forget about our Food Bank Donations and 'Pennies from Heaven'.

• If you are working at your computer, turn on Ancient Faith Radio at: <http://ancientfaith.com>

• **Parish is selling Prayer Ropes and Beeswax Candles** as a fundraiser. Great for your devotional needs. See Sandy

Hand your prayer request to Subdeacon Dennis or to one of the Acolytes before the service and he will bring it to the priest.

ANNOUNCEMENTS

1. **Holy Cross has pens for sale. 2 for a loonie.** An amazing deal. They make excellent stocking stuffers. Just remember to remind people to remove the pens from their stockings before they put the stockings on, because that would just be uncomfortable.
2. **HOLY CROSS WEB SITE.** Holy Cross has revamped it's website. The web address is still the same, but the site has been transformed into a really cool looking blog site.
3. **Annual Gardenton Pilgrimage—July 24, 2010**
9:15 a.m. Pilgrimage
9:30 a.m. Greeting of Hierarchs
10:00 a.m. Hierarchical Divine Liturgy
12:00 Lunch and Program
Cost: \$15.00 at the gate
4. **No Divine Liturgy on August 1st and August 22.**
5. **A huge thank you to all that helped with our information kiosk that the Sobor this year.** I think it was a huge hit. We sold some prayer ropes, made a little bit of money for the parish, but more importantly, we were able to let people know about our mission parish.

Martyr Hilary and Proclus of Ancyra Commemorated on July 25

The Holy Martyrs Hilary and Proclus were natives of the village of Kallippi, near Ancyra, and they suffered during the time

Our Parish is housed at St. Andrew's College on the University of Manitoba Campus. Address: 29 Dysart Road, Winnipeg, MB, R3T 2M7.

of a persecution under the emperor Trajan (98-117). St Proclus was put under arrest first. Brought before the governor Maximus, he fearlessly confessed his faith in Christ. The governor decided to compel the saint to submit himself to the emperor and offer sacrifice to the pagan gods. During his tortures, the martyr predicted to Maximus that soon he himself would be compelled to confess Christ as the true God. They forced the martyr to run after the chariot of the governor, heading towards the village Kallippi. Exhausted, St Proclus prayed that the Lord would halt the chariot. By the power of God the chariot halted, and no force could move it from the spot. The dignitary sitting in it became petrified. The martyr told him that he would remain unmoving until such time as he would sign a document with a confession of Christ. Only after this could the chariot continue on its way with the governor.

The humiliated pagan took fierce revenge on St Proclus. He commanded that Proclus be led out beyond the city, tied to a pillar and shot with arrows. The soldiers, leading St Proclus to execution, told him to give in and save his life, but the saint said that they should follow their orders.

Along the way to the place of execution, they met Hilarion, the nephew of St Proclus, who with tears embraced his uncle and also confessed himself a Christian. The soldiers seized him, and he was thrown into prison. The holy Martyr Proclus prayed for his tormentors and surrendered his soul to God beneath a hail of arrows.

St Hilarion was brought to trial and, with the same courage as St Proclus, confessed himself a Christian. After tortures he was sentenced to death. They tied the martyr's hands and dragged him by his feet through the city,

The true Orthodox way of thought has always been historical, has always included the past, but has never been enslaved by it. The strength of the Church is not in the past, present, or future, but in Christ.